



GOLDEN NOTES



NEW BRITAIN SENIOR CENTER

55 PEARL STREET, NEW BRITAIN, CT 06051

PHONE: 860 826-3553

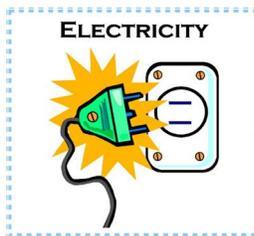
FAX: 860 826-3557

WEB ACCESS: <http://www.newbritainct.gov> Go to Documents and click on Senior Center, click on Golden Notes tab to find current issue of the monthly newsletter

VOL XLIV NO. XX

February 2016

SAVING ON ELECTRIC BILLS



Did you know that customers of Eversource and United Illuminating can choose their electric supplier? Staff from the State of Connecticut's Public Utilities Regulatory Authority will be at the Senior Center on Monday February 8, 2016 at 10:00 AM to discuss various options available to electric power consumers. Staff from the Public Utilities Regulatory Authority (PURA) can explain how you may reduce your monthly electric bill by switching suppliers and whether choosing a supplier is right for you.

PURA's presentation will cover:

- Where to find information about choosing electric suppliers;**
- New information provided on the first page of your electric bill;**
- How to compare generation rates;**
- The opportunity to lower your bill;**
- How to enroll with a licensed supplier;**
- How to block supplier switching;**
- Being cautious in this market and more.**

We encourage you to bring a recent copy of your electric bill and speak with one of PURA's representatives.

Smith School Pen Pals

The children from Smith School who visited us during December would like to follow up with a Pen Pals exchange. The children have sent us letters asking our seniors to respond to some very basic questions. This is a great opportunity for us to engage with the children and for us to continue to have a worthwhile community involvement. Pen Pal letters are located at the front desk so please take a few minutes and take a letter and write back to the child who sent the letter. Please return your letters to the front desk and we will mail all the letters to Smith School. Thanks for your help with this request.



Tax Assistance Offered through AARP Tax-Aid Program

AARP Foundation Tax Aid offers free tax assistance to middle and low income taxpayers through April 15th. Special attention is given to those 60 years and older. Here's all you need to do.

If married, both husband and wife should be present during the tax counseling session. Both signatures are required.

Taxes are completed in one session, so tax payers must bring all required documentation necessary to complete their return:

- Complete copy of last year's 2014 Tax Return
- Social Security or Individual Taxpayer ID numbers and personal identification
- A personal check showing bank account and routing numbers
- All documents that relate to deductible expenses
- All received 2015 income tax forms received, including:
 - SSA 1099 Social Security Benefit Statement
 - 1099 forms
 - W-2 Wage and Tax Statement
 - W-2G Certain Gambling Winner forms

Documentation showing original cost of assets sold during 2014

New this year: Individuals should bring in health insurance coverage information for themselves and dependents Also, Anyone who purchased Health Insurance through the Health Exchange must bring in form 1095-A and income information for dependents with a filing requirement. Anyone receiving form 1095-B or 1095 – C should bring that in as well.

Appointments are required and can be made by calling the Senior Center 860 826-3553.

Expressive Art Group

Ms Paulina Luna, a student intern with Catholic Charities, will be conducting an Expressive Art Group during the month of February. The Group will focus on making artworks as well as communicating the feelings and emotions with which the artist intended to express through their art. The group is open to everyone and will be held on four consecutive Wednesdays starting on February 10th at 11:00 am.

Book Group Meeting

The Public Library – Senior Center Book Group will be meeting at 1:00 PM on Tuesday, February 16, 2016 here at the Center. The book read for this month is *Burgess Boys* by Elizabeth Strout. The story of nine Americans and their epic quest for gold at the 1936 Berlin Olympics. Join us for a discussion of this wonderfully written book.

The Burgess Boys is Elizabeth Strout's newest and perhaps most astonishing work of literary art. Join us for this great read.

PROPERTY TAX RELIEF



The Senior Center is taking applications for the Homeowners, Additional Veterans and Freeze Property Tax Relief Program. Persons 65 and older in the year 2015 or those persons receiving Social Security Disability Benefits may be eligible for a discount on their property tax bills. Individuals earning less than \$34,600 and married couples earning less than \$42,200 during 2015 should consider applying for this benefit. These totals include Social Security benefits for last year. All income documents must be presented with each application. Those persons who were enrolled in past years will receive a letter from the City Tax Assessor if they must reapply during 2016. If a married couple wishes to apply for the benefit, it is only necessary for one of the spouses to have been over 65 years of age in 2014 to be eligible for the program.

Call the Senior Center (860) 826-3553 if you wish to make an appointment or if you have any questions.

Friday at the Movies

To Be Determined

(Come and see what's playing)

Friday, February 19th at 12:45 PM

Join us for a great start for the New Year!



Valentine Bingo

Monsignor Bojnowski Manor will be sponsoring a special Valentine Bingo on Tuesday, February 9th starting at 1:00 pm. Join us for an afternoon of fun and chance.

DAILY CALENDAR OF ACTIVITIES
February 2016

Monday

8:15 am to 11:10 am– Snack bar open
8:45 am to 9:15am. – Beginners Line Dancing
9:00 am to 11:30 am Exercise/Table tennis open
9:15 am to 10:00 am – Art class open
9:15 am to 10:00 am – Exercise Class with Chris
10:00 am to 11:00 am – Line dancing class
12:45am to 3:00 pm - Bingo

Tuesday

8:15 am to 11:00 am. – Snack Bar open
8:45 am to 9:15 am - - Beginners Line Dancing
9:00 am to 11:30 am Exercise/Table tennis open
9:15 am to 10:15 am – Exercise Class with Chris
9:15 am to 1:30 pm – Craft group meets
10:30 am to 11:15 am – Line dancing with Chris
1:00 pm to 3:30 pm – Craft group meets
Wii Bowling will resume during the Spring

Wednesday

8:15 am to 11:00 am – Snack bar open
9:00 am to 11:30 am Exercise/Table tennis open
9:30 am to 11:30 am – Pinochle Club
9:15 am to 11:30 am – Art Class open
1:00 pm to 3:00 pm – Ballroom Dancing

Thursday

8:15 am to 11:00 am – Snack bar open
9:00 am to 11:30 am Exercise/Table tennis open
9:30 am to 10:30 am –ZUMBA with Amy
9:15 am to 11:30 am – Craft Group meets
1:00 pm to 3:30 pm – Pinochle Club
1:00 pm to 3:30 pm – Craft group meets

Friday

8:15 am to 11:00 am – Snack bar open
9:00 am to 11:30 am Exercise/Table tennis open
9:15 am to 11:30 am – Art class open
1:30 pm to 3:30 pm Square Dancing
12:45 pm Monthly movie (Usually the 3rd Friday of each month)

SERVICES BY APPOINTMENT

DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. There is a suggested donation of \$1.50 each way.

MEDICARE/MEDICAL INSURANCE INFORMATION

Persons seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

FROM THE NURSING DESK

From the Nursing Desk: SAVE THE DATE

The Community Health Center will be coming to the Senior Center again the week of April 11th , 2016 to provide free exams and cleaning to seniors without Dental insurance.

Community Health Center will be sending a representative to the Senior Center March 7th and 22nd from 8:30 – 1:00pm to schedule appointments. They will be available at this time to help you fill out paperwork and answer questions you may have. All New Britain Seniors with no Health Insurance are can make an appointment. Please come to the Senior Center on one of these two says or call on one of these two days with your questions!!!

GOLDEN NOTES SUBSCRIPTIONS

NAME _____ DATE _____

STREET _____

ADDRESS _____

CITY _____ STATE _____ ZIP

CODE _____

HOME PHONE # _____ CELL PHONE

Make checks payable to: **NEW BRITAIN SENIOR CENTER**

Return to:

GOLDEN NOTES

New Britain Senior Center

55 Pearl Street

New Britain, CT 06051

Annual Fee: \$6.00 non refundable

Cash _____ Check _____

New Subscription _____ Renewal _____

New Britain Parks, Recreation & Community Services Department

Maple Madness SHARED TRIP

Saturday, March 19, 2016

Trip Content:

Sprin into spring with an old New England Sprintime Tradition- Maple Syrup.

Visit Ioka Farm's Sugar House in the Berkshires for a pancake lunch then off to the Norman Rockwell Museum, and a visit to Stockbridge MA.

-RT transport, visit to the Ioka Valley Farm Sugar House, pancake lunch, admission to the Rockwell Museum, free time in Stockbridge MA.

Registration deadline 02/15/2016

Fee: \$99.00 per person Activity# 4154-1

Cherry Blossom Festival

in Washington D.C. SHARED TRIP

April 1-3, 2016

Trip Content:

Visit Washington DC at cherry blossom time.

Trip includes: Tour director, round trip coach transportation, two nights' accommodations at the Marriott Falls Church, Two full American breakfasts and one dinner. This trip will visit several DC area landmarks including,

WWII Memorial, FDR Memorial, Iwo Jima

Memorial, Lincoln Memorial, Viet Nam Memorial, Korean War Memorial, Jefferson Memorial, Washington Monument, Arlington National Cemetery, Smithsonian Buildings and the US Capitol & White House Shops.

Registration deadline 03/04/2016

Fee: \$525.00 per person (single occupancy) Act. #: 1104-(1)

Fee: \$425.00 per person (double occupancy) Act. #: 1104-(2)

THE REGISTRATION DEADLINE FOR SHARED TRIPS

IS ONE MONTH PRIOR: Shared bus trips are offered to several communities, exact departure times are dependent upon towns attending. Departure times for most shared bus trips are between 6:00am and 9:00am; Most trips depart from the commuter parking lot across from the New Britain Target store located at 475 Hartford Road, New Britain. Participants are notified via letter of exact departure times/location at least two weeks prior to trip. Participants must be over the age of 18 or accompanied by an adult.

Statue of Liberty

Ellis Island & Times Square SHARED TRIP

Sunday, April 2, 2016

Trip Content:

See Lady Liberty in New York Harbor and pay a visit to the Ellis Island Museum. Trip includes tour director, RT transportation, round trip ferry to and from Liberty and Ellis Islands, and leisure time in Times Square. (This trip does not include access to the Statue of Liberty crown)

Registration deadline 03/04/2016

Fee: \$89.00 per person Activity #: 1105-1

Call The Benefits Are Endless...Info Line at

(860) 826-3360

February Calendar

February 2016						
◀ January						March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 COA 1:00 PM	2	3	4	5	6
7	8 PURA PROGRAM 10:00AM	9 VALENTINE BINGO 1:00 PM	10	11	12 LINCOLN'S BIRTHDAY CENTER CLOSED	13
14	15 PRESIDENTS DAY CENTER CLOSED	16 BOOK GROUP 1:00PM	17	18	19 MOVIE 12:45 PM	20
21	22	23	24	25	26	27
28	29	Notes:				